

Lincolnshire Community Health Services



United Lincolnshire Teaching Hospitals

Falls and Frailty bulletin

February 2025

The aim of this current awareness bulletin is to provide a digest of recent articles on Falls and Frailty

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Articles

Fall risk perception in older adults: a concept analysis Nan J et al Journal of Clinical Nursing 34 (3) 1032-1044

Effects of a video-supported Cawthorne-Cooksey exercise program in older adults with balance deficits and dizziness: a preliminary randomised pilot study Athanasiadou O et al Australasian Journal on Ageing 44 (1) e13408

The knowledge, attitude, and practice toward fall prevention of parturients in the obstetric inpatient wards: a comparative cross-sectional study between nurses and parturients Wen J et al

Frontiers in Public Health 13 (Jan) 1412111

Effectiveness of *Fewer Falls*, an online group-based self-management fall prevention programme for people with multiple sclerosis: protocol of a randomised controlled trial Tuvemo J et al

BMJ Open 15 (1) e089217

Investigating falls risk awareness in hospitals using the Self-Awareness of Falls Risk Measure (SAFRM): empirical research quantitative Dabkowski E et al Nursing Open 12 (1) e70099





Emerging digital technologies used for fall detection in older adults in aged care: a scoping review

Konara M et al Journal of the American Medical Directors Association 26 (1) 105330

Effectiveness of PEER intervention on older adults' physical activity time series using smoothing spline ANOVA

Liu Y et al Mathematics 13 (3) 516

The effects of yoga on fall-related physical functions for older women: a systematic review of randomized controlled trials Huang T et al Healthcare 13 (2) 124

Vitamin D, C-Reactive protein, and increased fall risk: a genetic epidemiological study Sutherland J et al Nutrients 17 (1) 38

Impact of nurse staffing levels on patient fall rates: a retrospective cross-sectional study in general wards in Japan Moriwaki M et al Healthcare 13 (1) 88

Investigating the impact of various insole applications on balance and postural stability in the elderly

Ozturk B et al Journal of Bodywork & Movement Therapies 41 (Mar) 199-205

Risk prediction models for falls in hospitalized older patients: a systematic review and meta-analysis

Mao A et al BMC Geriatrics 25 (1) 1-12

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